Digital Health Checklist

Technology is revolutionising health and social care services. Health professionals see apps as a crucial step on the road to care that is more efficient and more patient-centred than today. But with hundreds of thousands of health apps available, GPs, nurses and care staff aren't armed with the tools to find an app which matches the patient's needs, is clinically effective and is safe.

That's where we come in. ORCHA is the World's leading health app evaluation and advisor organisation. Our team of experts continually monitor, test and ask questions, so they can give you accurate, impartial and up to date advice. We test more apps than anyone, so that you can find and recommend the right health app with confidence.

5 steps to start your health app journey:

1. Identify a short list of your priority health conditions.
2. Set demographic and activation targets.
3. Research what digital technologies are available for these conditions and the patient characteristics.
4. See if you can trust the apps you identify or look for inspiration in our app review library: https://appfinder.orcha.co.uk/
   If you can't see a specific app or condition speak with us – we can review an app for you, or an app may not be listed as its review results were too low.
5. Identify points in the patient pathway when the app is best embedded.

Throughout this process talk to your professionals and patients, and keep on talking.

To discuss any part of your health app journey, you can also talk to us at **orcha.co.uk**

Unlocking the Power of Digital Health.

61% activation rate

160 measures in every review

20% of NHS uses **ORCHA**

3,726 reviews conducted

5 countries

275,000 students educated about digital health

20,000 population signed-up

84 local app libraries built

ORCHA
Organisation for the Review of Care & Health Applications